THE TIDINGS

the monthly newsletter of

Pineda Presbyterian Church



Sunday - October 5th

World Communion Sunday

9:00 a.m. Upward & Onward Class (Room A)

10:00 a.m. Worship Service

with Communion (Sanctuary)

(The Peace & Global Witness Offering will be received.)

Sunday - October 12th

9:00 a.m. Upward & Onward Class (Room A)

10:00 a.m. Worship Service (Sanctuary)

Sunday - October 19th

9:00 a.m. Upward & Onward Class (Room A)

10:00 a.m. Worship Service

with "Cross the Jordan" Band

<u>Sunday – October 26th</u>

Reformation Sunday

9:00 a.m. Upward & Onward Class (Room A)

10:00 a.m. Worship Service (Sanctuary)

(The 5 Cents per Meal Offering will be received.)

OCTOBER LECTIONARY

October 5th

Lamentations 1:1-6 2 Timothy 1:1-14 Luke 17:5-10

October 12th

Jeremiah 29:1, 4-7 2 Timothy 2:8-15 Luke 17:11-19

October 19th

Jeremiah 31:27-34 2 Timothy 3:14-4:5 Luke 18:1-8

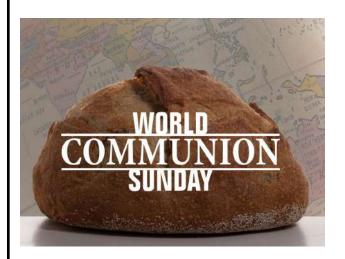
October 26th

Joel 2:23-32 2 Timothy 4:6-8, 16-18 Luke 18:9-14

Pineda Presbyterian Church

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Celebrate with us on Sunday, October 5th!

As part of our celebration of World Communion Sunday, following worship with communion, we will gather in the Fellowship Hall to enjoy a variety of breads from around the world!

Here's a flavorful journey through the history and quirks of some of the breads we will enjoy.

Challah

Challah has biblical roots, originally referring to the portion of dough given to priests in ancient Israel. The braided loaf we know today emerged in 15th-century Austria and Germany, inspired by non-Jewish plaited loaves. It became a centerpiece of Shabbat and Jewish holidays, when traditionally two loaves are placed on the table, symbolizing the double portion of manna given to the Israelites in the desert. In America, challah became sweeter and richer due to the abundance of sugar and eggs.

Rye

Rye bread has ancient origins in Eastern Europe, where rye thrived in cold climates unsuitable for wheat. It became a staple in countries like Russia, Poland, and the Baltics. Rye flour contains less gluten than wheat, resulting in denser bread. It is often flavored with caraway seeds and it's known for its long shelf life and resistance to mold.

Sourdough

Sourdough is one of the oldest forms of leavened bread, dating back to ancient Egypt around 1500 BCE. It is made by fermenting flour and water with wild yeast and lactobacilli. San Francisco sourdough is famous for its unique tang, thanks to local bacteria (Lactobacillus sanfranciscensis). The fermentation process makes it easier to digest and may lower its glycemic index. Sourdough starters can be centuries old—some are passed down like family heirlooms.

Pumpernickel

Pumpernickel originated in 15th-century Westphalia, Germany, made from coarsely ground rye and baked slowly for up to 24 hours. The long bake gives it a dark color and deep, earthy flavor. Traditional pumpernickel contains no artificial coloring; its color comes from the Maillard reaction during baking. It is often paired with smoked fish or cheeses in German cuisine.

CYBER SAFETY PRESENTATION

Saturday, October 11th at 11:00 a.m.

Join us on Saturday, October 11th at 11:00 a.m. for a "Cyber Safety Presentation" from the Pineda Safety Team.

Learn how to stay protected from scams, hacks & more.

A taco lunch will be served. \$5 per person.

Please sign up in the Fellowship Hall.



Mark your calendars for the Pancake Breakfast!



Join us Saturday, October 25th at 9:00 a.m.

\$5 per person

Hosted by Pineda Presbyterian Women.



10/8 Jim Lyman &

David Rea

10/10 Haskell Walker

10/12 Jay Steinke

10/14 Hannah Webb

10/21 Claire Ellis

10/27 Moira Eddleman



10/10 Jay & Lisa Steinke

10/17
Mike & Barb Mathewson



Blessed Day, Saints of Pineda Pres!

And Happy...well...whatever you are celebrating this month. If this is the season of Pumpkin Spice Lattes, then Happy PSL month! If you are celebrating Halloween, then Happy Spooky Season! If watching the leaves colors change is your thing...I'm sorry, but you've picked the wrong state for that. But hey, if you've got a trip planned to go and see all the pretty colors, good on you! Happy Fall!

Fall has long been one of my favorite seasons in the Church because it happens to hold a monopoly on all my favorite church holidays! (No offense, Christmas.) World Communion Sunday, Reformation Sunday, and All Saints Sunday all fall, generally, within four to six weeks of each other and I love it!

One of my favorite things about the Church is our commitment to celebrating our oneness in Christ. There are many followers and there are many ways that we follow, lots of diverse beliefs that we all have, but at the end of the day we all profess that Christ is Lord. Often in the Church we talk about there being something mystical about our community that transcends both time and space. This is precisely what we celebrate and practice during these special church holidays.

On World Communion Sunday, October 5th, we celebrate that the Church is not limited to a certain region or geographic area, but rather is a global community that works side by side with each other. On this day, Churches from around the world, of all denominations, situations, and histories will be partaking of the Lord's Supper. It's a special moment that we share with people around the world, many that we never have met or ever will meet, but the thought that we are all joined together in this act, all sharing something throughout the course of the day in our own time zones often brings a tear to my eye as I think about it.

Then, on Sunday, November 2nd, as we gather to celebrate All Saint's Day, just a week after Reformation Sunday, we pause to remember that the Church does not just exist within one time, but across all time. On this Sunday we will take time to remember loved ones that have entered the Church Triumphant and now live eternally with Jesus as part of our community for all time. We take time to remember that we are a Church of past, present, and future. Once we were members of the future, today we are members of the present, and one day we will be members of the past. But under Christ we are all one.

We are all one, across time and across space. Christ has called us to be a part of this ever-changing and always growing community. Christ calls us to remember our place in the grand scheme of life. Christ calls us to honor those who have gone before us, those who will come after us, and those who work beside us, even if they are on the opposite side of the world. Christ calls us to be one community. It's one of my favorite things about being a follower of Christ! I hope I'll see you in-person or online so that we can celebrate these beautiful holidays together!

Peace to you, Emily



Freda Baker

I was born sixth of ten children, in a two-room log cabin built by my dad and grandpa in eastern Oklahoma, and my dad paid the midwife with a rick of wood. When I was five, my dad died from complications of Typhoid fever, leaving Mom with seven children, two dollars to her name, and a cotton crop to finish harvesting. After the older kids went back to school, Mom put me in charge of keeping the younger ones away from the coal stove while she walked to neighboring farms to pull their cotton and earn a little money for necessities. Our life was not easy, but we felt secure with Mom; she was our rock. Six years later, my life changed drastically when Mom remarried and had two more children. But after five years, we left him, and Mom got a divorce.



To help financially, I worked after school but still managed to play sports. I knew there was no money for college and that after high school, I would be looking for a job. In 1959, two days after graduation, I moved to Enid where two of my brothers were living. I landed a job at Champlain Oil and Refining Company and enrolled in business school. I enjoyed good friends, at work and at church, and dated some nice cadets from Vance Air Force Base.

One Wednesday night in 1963, we had a speaker at church who talked about Exodus/Bay Shore, "a bold, new idea in ministry." People were being asked to sell their homes, quit their jobs, and move to Bay Shore, Long Island to help establish a ready-made congregation of the Churches of Christ. It spoke loudly to the adventurous side of me, so I signed up and started making my preparations for the big move. I caravaned with a gal from Ponca City and, since this was before very many interstates had been constructed. I did not even have a road map, but I think Jenny did.

There were 85 family units (including singles) who made the exodus that summer, and more came the following two years. For the first year, while our church building was under construction, we rented and redecorated four adjoining storefronts in downtown Bay Shore. The early life of the congregation was as close to the early church as I can imagine. Help was available for anyone who needed temporary housing or setting up interviews, and I was hired at Grumman Aircraft. Five of us got acquainted while renting rooms on the third floor of a private home, and then we found a house and shared expenses. I did whatever was needed at church: canvassing the neighborhoods to introduce the church, helping in the nursery, teaching Sunday School, picking up kids for church (I once took ten kids in my VW Beetle, but that was before seat-belt laws), taking people to the doctor or supermarket, volunteering at a Saturday program for teenagers in a low-income area, or for the sake of propriety, accompanying a male minister on a home Bible study. During this time, I kept running into Lamar Travis Baker, the guy I wound up marrying.

The new congregation was very mission-minded, and by 1965 we had not only sent out families but had also started a program called the Faith Corps (patterned after the recently founded Peace Corps), and the first groups were sent to Canada, Brazil, and Nigeria to assist existing ministries.

Then, Lamar and Don, another guy from church, came up with the idea of taking the Faith Corps concept to the inner city of New York and made a proposal to our elders and mission committee. It took some convincing, but with their go-ahead, the planning process began. Planning would include researching and deciding on an area, recruiting volunteers, and finally training the recruits. Our support was to be comparable to the income of the inner-city residents, and we would live semi-communally, in that we would share a common kitchen.

Lamar's support started right away, so he quit his job at Brookhaven National Lab, started the research, and chose East New York, Brooklyn. For the recruiting, a friend with a private plane flew him and Warren (who would do the training) around the country to affiliated Christian colleges and churches. During our month of training some dropped out, but we still wound up with ten people. Next, a group of us went into East New York to look for apartments and learned we had parked directly in front of the building where four were available. We were told that about 1,000 people lived on our block alone. The apartments needed a lot of work, but our home church rallied to help us with a big volunteer work crew and supplies such as paint, linoleum, used furniture, and Tupperware to help keep the roaches out of the supplies. And, as if it were fun, the neighborhood children eagerly pitched in to help rip out all the old, dusty linoleum and drag the pieces down the four flights of stairs to the sidewalk. We quickly learned that there was no getting rid of the roaches in those old, contiguous buildings, though we sprayed and swept them up on a weekly basis!

In our group, we had various household duties and various ways to serve the ministry, depending on skills and interest. One gal became a visiting nurse for the area. One guy interfaced with the city regulatory system to put pressure on landlords guilty of neglect, another guy served as treasurer—until he got caught stealing—and then Lamar took over that duty. Others of us worked directly with the numerous children in the area. We set up clubs, which the kids fondly dubbed "Link Clubs", for activities such as cooking, sewing, Bible and basketball. We got permission from the school on the corner to allow the younger kids to use the locked playground during the summer, and when the older teenagers asked us to do something for them, too, we got permission from the school to allow them to use the gym for basketball practice. For cultural purposes, we took them on weekend field trips to various places in and around New York City, such as United Nations, Empire State Building, Statue of Liberty, etc. We also took them by school bus to Camp Shiloh, in New Jersey. But, by far the most ambitious effort was taking them out to spend weekends with members of our home church. Their parents were so willing to let them go with us that we soon found it necessary to set an age limit of at least five years old. However, when nothing big was going on, the kids liked to just hang out with us. We would jump rope, play hopscotch, or just talk. It seems that I never had to go to the laundromat on the corner alone. While my clothes were drying, the kids and I would walk to a small park nearby, where they could play on the equipment or, again, just talk. Lamar and I were there from 1966-1968, and it was a growing experience for me. Thankfully, two consecutive groups moved in after us, and the neighborhood ministry continued for 18 years altogether. When our daughter was in high school, I took her and our foreign exchange student to New York on vacation. While we were there, we drove through our old neighborhood in East New York. Nothing on our old block was still standing, and weeds were growing up through the cement where the tenements had once stood. I understand that Brooklyn has since been "gentrified."

In late 1973, when our daughter was four, my husband accepted a job offer with Xerox Corporation in southern California, and we moved to nearby Manhattan Beach, a coastal suburb of Los Angeles. We learned to love the climate there (70 degrees year-round average) and the beauty of the ocean, where we could take 4-mile walks and the mountains, where we could hike. At age 35, I finally went to real college and majored in Early Childhood Education and got a state certificate.

While still working fulltime, Lamar got a second master's at Fuller Seminary, joined the photography club at Xerox and helped start a lunchtime Bible study. We stayed with the Churches of Christ for four years and then switched to the United Presbyterian Church. My most rewarding activity through the church there was our involvement with a group who volunteered at a juvenile hall. Some of us spent the evening in the dayroom with the young inmates, while others taught remedial reading. We were told that as soon as an inmate's reading level began to improve, so did his behavior, and for our contribution we were rewarded with a certificate of thanks from the Los Angeles County Commissioner.



But I consider the most important thing that I have done was helping Lamar raise our daughter, who was born with brittle bones and sustained over 24 fractures while growing up. Close behind that has been helping, when necessary, with my grandchildren and later with my great-grandchildren. It has been 14 years since we lost Lamar, and I moved to Florida. I still miss him and our life together in California but am glad to have been part of a four-generational family here and to watch the great-grands grow up. Lastly, I am glad that, early on, my daughter told me about a small group of people from Pineda Presbyterian Church that had tried to get a congregation started here in Viera, because that eventually led me to the church in Palm Shores and some nice people.

Do you enjoy getting to know more about our church members? We can only provide the Member Spotlight if people are willing to share their stories. If you would like to participate in the Member Spotlight, please email the church office or speak to Lin Dankmyer. We would love to learn more about each of you!

	October Worship Volunteers						
W 00	October 5th	October 12th	October 19th	October 26th			
1 ctober	Worship Service at 10:00 a.m.						
	World Communion Sunday			Reformation Sunday			
Deacon of	Sue Lundgren	Leslie Lyman	Helga Wilson	Karen Smith			
the Week							
Liturgist	Betty Francis	Scott Zinn	Leslie Lyman	Pat Zinn			
Communion	Meg Dalton						
Servers	Barb Mathewson						
	Sue Lundgren						
Ushers	Ed Walker	Ed Walker	Ed Walker	Ed Walker			
	Cliff Smith	Cliff Smith	Cliff Smith	Cliff Smith			

Session Sound Bites

September 17th Stated Meeting

- Elder Dian Walker opened the meeting with prayer and a devotion from Col. 3:17, 23-24 on turning daily duty into worshipful service.
- The minutes of the August 20 stated session meeting, the September 14 service of installation, and the August 31 called meeting of the congregation were approved.
- Elder Commissioner Dian Walker reported on the September 9 Presbytery Meeting.
- The annual church inventory is underway.
- The Land Development Committee is still working on the issue with the St. John's River Water Management District. All work on the trail has been suspended until a determination is made.
- The Fellowship Team will host a taco lunch and presentation about on-line safety, on Saturday, October 11th.
- Pineda's Christmas Luncheon is scheduled for noon on Saturday, December 13 with a sing-a-long and gift exchange.
- The Fellowship Team discussed ideas for celebrating Pineda's 40th anniversary in December.
- Consecration Sunday is scheduled for November 2nd.
- As of September 7th, the Roof Capital Campaign has raised \$18,450.
- The Worship and Music Team has begun the reorganization and refresh of the Music Room.
- The Banner Team has 3 designs in process. A workday will be scheduled to complete them.
- Pineda will continue to serve communion on the first Sunday of the month, but it will be served by intinction once per quarter, starting this October.
- The Technology Team is exploring possible alternatives for the Sanctuary projector to increase visibility.
- Sam Gray is creating and uploading short video clips from recent worship services to Facebook and TikTok; a lot of people are viewing the clips.
- Elder Barbara Mathewson closed the meeting with prayer.

NOTE: If you have questions about any of these items, or would like more information, please contact the clerk of session or the appropriate ministry team chair. A list of session members and team chairs is printed on the back of the Sunday bulletin and is on the Our Team page of the church website.



Cub Scout Pack 285 which meets each week here at Pineda, will hold their annual Halloween "Trunk or Treat" in our church parking lot on Tuesday October 28th. You are invited to participate by decorating your trunks and sharing treats with all the ghosts and goblins present. No sign-up is necessary. Please arrive in time to be ready for the ghoulish and scary visitors by 6:30 p.m.

Prayer Chain & Prayer List - "What's the Difference?"

<u>The Prayer List</u> is placed in the bulletin each week and includes non-crisis prayers that may even be longer-term. You can place a prayer request on the list by writing your request on the Prayer Request Cards found in the pew racks and placing them in the offering plate or handing them to an usher. They will be given to the Pastor and then to the office manager who will add them to the bulletin prayer list. You may also contact your deacon or email the Church Office with your request, and it will be added to the list. This month we will be updating the prayer list procedure to include prayer requests for 3 weeks. If your prayer request needs to remain on the list, simply contact your deacon or the Church Office to let us know. Otherwise, the prayer requests will be automatically removed after 3 weeks.

<u>The Prayer Chain</u> is for immediate prayer needs such as an emergency, accident, hospitalization, or an upcoming surgery for which one needs prayer on a specific day. The Prayer Chain is managed by the Deacon Moderator (presently, Sue Lundgren). Those with an urgent prayer need can contact their deacon who will notify the Moderator of the request. The Moderator will then begin calling the first "link" on the prayer chain and immediate prayers will begin. If requesters do not know their deacon, or cannot reach them in a timely manner, they can contact the Deacon Moderator or Church Office Manager directly with their request.

If you would like to be a "link" in the prayer chain, and respond to the immediate prayer needs of our congregation, please contact the Deacon Moderator.



Food Pantry Donations

In September, Pineda helped to feed 70 families comprised of 237 individuals. An average of 98 bags were distributed with a maximum of 118. 14 new families were served. People receive a 15 lb. bag which consists of cereal, canned Fruit, canned meat, canned corn, canned beans, canned seafood, canned green beans, canned vegetables, dry pasta, pasta sauce, rice or canned potatoes, macaroni & cheese, canned pasta, soup & toilet paper. Second Harvest provides fresh meat and produce as available. There also is a store of peanut butter and a "pick-two" bag for food donations not on the list. Advent Lutheran has a bread and dessert ministry. Contact them if you want to get involved. The food pantry will receive most donations. Please remember: no glass containers or out of date food (the calendar year must be current). As always, many thanks for your faithful support for the ministry!

Sunday, October 5th - Canned corn

Sunday, October 12th - Pasta sauce

Sunday, October 19th - Peanut Butter

Sunday, October 26th - Canned Seafood (Tuna, salmon, sardines, etc.)

Request for Medicines for November Cuba Trip

Pat Zinn will be in Cuba from November 10th-13th for the annual business meeting of the presbyteries with partnerships with El Centro (Baltimore, Central Florida, South Kansas). The meeting will be at the CANIP, the synod camp just outside Santa Clara. Pat can't visit Pineda's partner churches at Iguará and Meneses during this trip, but she will take 1 suitcase of medicines for each church. Your help is needed to fill the suitcases. You can donate money (please mark it "Cuba Mission" or "Cuba Meds") or purchase items and put them in the Cuba bin in the Fellowship Hall.

The most needed items are:

Pain relievers (aspirin, ibuprofen, acetaminophen, naproxen)

Allergy pills and creams (Benadryl, Zyrtec, Meclizine)

Multivitamins (child and adult - no gummies please)

Antacids (bicarb of soda, Alka Seltzer, Prilosec)

Anti-diarrheals (Immodium, Pepto-Bismol, Kaopectate)

Skin ointments (triple antibiotic, Desitin, Clobetasol, Triamcinolone)

Analgesic creams (Voltaren, Ben-Gay, Icy-Hot)

Leftover prescriptions meds, especially those to treat high blood pressure, & antibiotics. (No controlled substances or anti-depressants)

Please bring donations by Sunday, November 2nd. Thank you in advance for your generosity!

February 2026 Cuba Partnership Trip



Central Florida Presbytery's annual Cuba Partnership Trip will be February 17th-24th. Pat Zinn is one of the trip leaders, and she'd love to take one or two people from Pineda with her! You'll spend the first and last nights at the synod camp near the Santa Clara airport, and the other 5 nights at our partner churches in Meneses and Iguará. The cost of the trip is \$1500, which includes airfare, food and lodging, and a Cuban religious visa. Scholarships are available to help with the cost. Trip Announcement (details of the trip) and Application Forms are available on the Cuba page of the presbytery website, at http://www.cfpresbytery.org/cuba.html. Copies will also be available in the Fellowship Hall on the table outside the kitchen. The application deadline is November 7th. Please contact Pat with your questions.

Your generous support of our partner churches makes a great difference in the lives of our Cuban brothers and sisters. This trip is an opportunity to experience first hand how they live out their faith in an environment that is very different from ours.

Worship and Music Notes



The Worship and Music Team would like to give a heartfelt thanks to Marilyn Bullard for her years of service to the Pineda Presbyterian Church Music Ministry! Her tenure included accompanying the choir and soloists, playing as part of the Worship Band, and providing music for fellowship events, and her contributions to the Music Ministry will be missed. We will celebrate her well-earned retirement following service on October 26th.

For the month of October: Kathy Westrip will return as guest pianist on October 5th, with the Worship Band providing the anthem. Our Music Ministry Team will lead service on October 12th. Cross the Jordan will be joining us once again on October 19th, before Bonnie Griffith returns from her vacation on October 26th.



Sixteen years ago, we undertook a new approach to stewardship. We continue to build on that success with this year's Consecration Sunday. It is a time to look forward with optimism as we grow our church and lead it into the future with faith, hope, and love.

Congregations that approach financial stewardship from a biblical perspective do not view the money Christians give to their church merely as a way to pay its bills. Rather, such congregations see financial contributions as a way to help people grow spiritually in their relationship with God by supporting their church's mission and ministry with a percentage of their incomes.

Our Session selected the Consecration Sunday approach because it teaches biblical and spiritual principles of generous giving in our stewardship education. Consecration Sunday is based on the philosophy of the need of the giver to give for his or her own spiritual development. Over the coming weeks, you will hear about the achievements of various committees for this past year and what their vision is for the coming year. This will help you better understand our plans for the future of Pineda Presbyterian Church.

We will do no home solicitation to ask people to complete Estimate of Giving cards. If you have health issues or do not feel comfortable attending in-person worship, Estimate of Giving Cards will be mailed out to you. For those present in the sanctuary on November 2nd, we will conduct a brief period of instruction and inspiration before Estimate of Giving Cards are turned in. Results will be announced during the Celebration Potluck Lunch following worship and by email later that week. Thank you in advance for your enthusiastic participation!

Your Consecration Sunday Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
octi)er,	(Fellowship Hall)	2 10:00am Chair Yoga (Fellowship Hall) 6:00pm Worship Band (Sanctuary)	3	4 10:00am PPW CT Meeting (Fellowship Hall)
9:00am Upward & Onward Class (Room A) 10:00am Worship Service with Communion (Sanctuary) Peace & Global Witness Offering 11:30am Fellowship Team (Fellowship Hall)	6 10:00am Session Records Review (Fellowship Hall)	7 10:30am Chair Yoga (Fellowship Hall) 11:00am LAFF - Lunch & Fun Fellowship (Fellowship Hall) 1:00pm "Heart Strings" Knitting & Crochet Group (Fellowship Hall)	4:00pm Finance Team (Fellowship Hall) 7:00pm Lydia Circle (Pat Zinn's home)	9 10:00am Chair Yoga (Fellowship Hall) 10:30am Dorcas Circle (Fellowship Hall) 3:00pm Facilities Team (Fellowship Hall) 4:00pm Land Development (Fellowship Hall) 7:30pm Worship Band (Sanctuary)	10 6:00pm Worship & Tech Team (Room A)	11 11:00am Cyber Safety Presentation with Lunch (Fellowship Hall) STAYING SAFE ONLINE
9:00am Upward & Onward Class (Room A) 10:00am Worship Service (Sanctuary) 11:30am Administration & Personnel Team (Fellowship Hall)	INDIGENOUS PEOPLES DAY	14 10:30am Chair Yoga (Fellowship Hall) 11:00am LAFF - Lunch & Fun Fellowship (Fellowship Hall) 7:00pm Mission Team (Room A)	15 11:00am Book Study (Fellowship Hall) 6:00pm Session Meeting (Fellowship Hall)	16 10:00am Chair Yoga (Fellowship Hall)	5:30pm Game Night (Fellowship Hall)	18
19 9:00am Upward & Onward Class (Room A) 10:00am Worship Service (Sanctuary)	20	21 10:30am Chair Yoga (Fellowship Hall) 11:00am LAFF - Lunch & Fun Fellowship (Fellowship Hall)		23 10:00am Chair Yoga (Fellowship Hall) 6:00pm Choir (Sanctuary) 7:30pm Worship Band (Sanctuary)	24	Pdncdke BredkfdSt 9:00am Pancake Breakfast (Fellowship Hall)
9:00am Upward & Onward Class (Room A) 10:00am Worship Service (Sanctuary) 5 Cents per Meal Offering	27	28 10:30am Chair Yoga (Fellowship Hall) 11:00am LAFF - Lunch & Fun Fellowship (Fellowship Hall) Trunk 6:30pm Trunk or Treat (Parking Lot)		30 10:00am Chair Yoga (Fellowship Hall) 6:00pm Choir (Sanctuary) 7:30pm Worship Band (Sanctuary)	31	